

Low Voice Warmups

Voice

1
yaw _____ saw _____

2
kee yaw _____ kyaw _____ kee yaw _____ kyaw _____ kee

3
yaw _____ kyaw _____ daw _____ kyaw _____ oo _____ ee

4
yaw _____ saw _____

5
_____ koh yaw koh yaw koh _____ kyaw _____ kyaw _____ kee

6
yaw _____ saw _____ ee _____ aw _____ ee _____ aw _____ ee _____ kee
Also varying the vowels 'oo' 'oh' and 'eh' in the same pattern

7
_____ vee loh reh zah vah loh reh zee

8
yaw _____ kyaw _____ oo _____ ee

9
koh _____ kaw _____

10
kae _____ kee _____ kyoo _____
'kae' like in 'cat'

yaw _____ haw _____ aw _____ kee

Low Voice Warmups

11

yaw _____ saw _____ kee

12

yaw saw yaw saw yaw saw _____ kee

13

koh _____ kaw _____ kae _____ kee _____

14

kyoo _____

#s 14 & 15
optional for top

noo_ ee aw _____

rubato

oo ee

15

yaw _____

16

kee

#s 16 & 17
optional mid-range

jaw_ jaw ee _____ kee

17

yaw _____ saw _____ yaw _____ saw _____ kee

"see" "see"
"kyoo" "kyoo"

These exercises were handed down to me by Barbara Kierig, voice teacher and coach extraordinaire. All credit and gratitude goes to her for giving me the technique I still use today.